Vol. 59 • No. 32 NAS Jacksonville, Fla. August 30, 2001

Navy units have role in tracking West Nile virus

Story and Photos by Jeff Hilton Staff Writer

The arrival of West Nile Virus (WNV) in Florida has health officials in 34 counties including Clay, Duval, Nassau and St. Johns, all with large Navy populations, under a medical alert.

West Nile, a mosquito-borne virus, is actually found in birds. Mosquitoes that bite infected birds then become the vector, or carrier, that can transfer it to other birds, animals or humans. The migratory nature of birds is the suspected method of transportand south from New mosquitoes.

York City, the first American city affected by the disease two years ago.

While many Florida counties step up testing mosquitoes for West Nile, commands in Navy Region Southeast and other Atlantic and Gulf coast installations, work in cooperation with Disease Vector Ecology and Control Center (DVECC) at NAS Jacksonville and the Navy Environmental Health Center (NEHC) to track WNV.

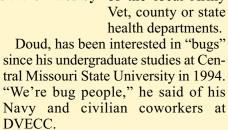
DVECC is tasked to minimize risks and combat vector-borne viruses that would interfere with fleet units performing their missions.

After reviewing data from a number of sources, NEHC drafts policies with input from DVECC that form the official doctrine for combating West Nile

"I don't know of any Navy Region Southeast unit that has reported an infected bird," said DVECC Operations Officer, Lt. Carl Doud, "The natural cycle is between birds and mosquitoes. Humans don't get involved at all."

Doud and others at the center train Sailors and civilians throughout the re-

gion to trap, preserve and forward mosquitoes for evaluation. Trapping is the primary way to collect mosquitoes to test for vectorborne diseases like West Nile. Dead birds can also be tested for West Nile but they are usually tested with the help of the local Army



The center regularly sends teams in the field to teach surveillance measures and "step-by-step" procedures for collecting mosquitoes. "Last year we visited 40 sites," said Doud.

Besides NAS Jax, units involved in weekly West Nile monitoring include: Camp LeJeune, N.C. and NAS At-

Also included are the Naval Academy, Annapolis, Md.; NAS Pensacola, Naval Station Mayport, Navy Health-

See West Nile, page 7

HS-15 saves heart attack victim

NORFOLK, Va. (NWS) — A searchand-rescue team from USS George Washington (CVN 73) and Carrier Air Wing (CAW) 17 saved a life recently, after coming to the aid of a heart attack

victim from a cruise ship off the Virginia coast.

The aircraft carrier was underway locally when it received a distress call from the Coast Guard that a 71year-old female passenger had suffered a heart attack. At the time, the cruise ship, Zenith, was en route to New York from Bermuda.

Medical officials on board Zenith had initially alerted the Coast Guard facility in Elizabeth City, N.C. The Coast Guard, realizing that time and distance were working against them, contacted the Navy for help.

A SH-60F helicopter from Helicopter Antisubmarine Squadron (HS) 15 (home-based at NAS Jacksonville) was dispatched from George Washington. The rescue team aboard the aircraft

consisted of Cmdr. Phil Beachy, HS-15 commanding officer and pilot; Lt. Joe Zummo, co-pilot; AWC(AW/NAC) Bart Reabe, crew chief; AW2(NAC) Ty Kreuz, rescue swimmer; and Cmdr. Jon

Umlauf, flight surgeon and the ship's senior medical officer.

"The final plan put into action was to launch "Red Lion" 615, which was scheduled for a plane-guard mission," said Beachy, referring to the heli-copter. "We were to proceed to Zenith and medevac the patient.

An E2-C Hawkeye was launched to provide flight coordination services."

The E2-C Hawkeye, assigned to Airborne Early Warning Squadron (VAW) 120, was launched to coordinate communications between the carrier, the helicopter and the cruise liner. When the helicopter reached the cruise ship, there were obstacles to overcome.

"It was a difficult scenario because

See HS-15, page 4





ing West Nile west West Nile virus is transmitted by

"It was a difficult

scenario because

they had no landing

pad for the helo."

Lt. Joe Zummo, HS-15





Think safety during Labor Day weekend Page 2

'Checkmates' host Sea Cadets Pages 16&17 Line Captains play vital role on flightline Page 18

Jax Air News online: www.nasjax.navy.mil









Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's website

Meet a Sailor... AMEC(AW) Dan Dendauw



Job title/command: ACSS Specialist/ CPRW-11

Hometown: Madras, Oregon

Past Duty Stations: VS-30, VP-30, VFA-136, VFA-106, CPRW-11

Family Life: wife Barbara, daughters Danielle,

Career Plans: Earn a Bachelors Degree, being promoted to senior chief and retiring

Most Interesting Experience: Meeting and shaking the hand of Muhammed Ali at a port of call in Dubai. UAE.

Words of Wisdom: Don't be irreplacable, if you can't be replaced you can't be promoted.

Meet a Civilian... Glen G. "Dutch" Dutcher



Job title/command: Navy College Jacksonville Assistant Director, Columbia College of Missouri.

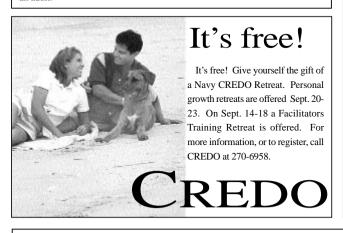
Hometown: Mt. Vernon, Il.

Past Duty Stations: NAS Jax Weapons

Family Life: Engaged to Pamela Burgess, three children Maricel, Thomas and Tyson.

Career Plans: To work as a College Administrator and teach political science and criminal justice in college.

Most Interesting Experience: Ran for Clay County Commissioner in 2000. Words of Wisdom: Stay in School, education doesn't end when you become an adult.



'Critical days of summer' Reduce risks, stay safe

From the Naval Safety Center

If you're reading this message, congratulations, it means you've survived nearly all the critical days of summer (Memorial Day through Labor Day weekend). You must be doing something right, but don't get too confident, summer's not over yet. Though Navy/Marine Corps off-duty fatalities from Memorial Day through Aug. 26 are less than predicted (31 vs. 47), you still have to safely get through Labor day.

Whatever your plans for Labor Day weekend - a road trip, boating, fishing or taking a dip in the ocean, think risk management. It begins with initial planning and shouldn't end until the activity is completed. You don't want the "last fling" of summer to be your last fling ever.

The easy way to avoid such a tragedy is to plan ahead and identify the h a z - ards, develop controls to protect you and then follow-through with commonsense precautions. We all know someone, a friend, acquaintance or loved one that failed to do this and lost their life in a mishap. The question that comes to mind is "why did it happen?" Variations of this one question can be asked to in-

finity, often without answer, however, see if you recognize any of these: Why weren't seat belts worn? Why were they driving so far on a "72"? Why didn't they have a designated driver? Why wasn't a life jacket worn? Why swim where there are no lifeguards? It's not the "whys" that change; only the names of the victims

Be especially alert for conditions that increase risk to the point of being dangerous. The minor hazards are often just nuisances. It's the big ones that can kill you. Using the principles of risk management isn't difficult and it gets easier every time you do. The few minutes you take at the start can eliminate a lot of headaches and heartaches in the long run. The loss of one Sailor or Marine in a preventable mishap is one too many, particularly if that one is you.

Stay safe. Take the "critical" out of the remainder of this year's critical days of summer. Use risk management in all you do to reduce risks and return alive. It's worth the effort. And if you made it this far, good on ya, concentrate and work hard to make it work safely on Tuesday.

Housing fire inspections begin Tuesday at NAS

The annual housing fire inspection and briefing will be conducted by the station Fire Department beginning Sept. 4 and will continue throughout the month. In the event you are not home when Fire Department personnel stop by, a call back slip will be left on your door. The Fire Department shall then be notified by calling 542-2783 or 542-2451 ext. 10 to have a fire inspection and briefing scheduled. Fire Department personnel will be in uniform

and conduct theinspection and briefing only in the presence of an adult.

The intent of the annual home fire inspection and briefing is to help ensure maximum safety of all houseing residents through normal good housekeeping practices and to inform residents of actions to take in the event a fire or other emergency occurs in the home. Home carbon monoxide and smoke detectors will be tested to ensure proper operation.

JAX AIR NEWS

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Deadline for all routine copy is close of business the Friday before publication. Deadline for Fleet Market submission is noon Monday. Questions

or comments can be directed to the editor. The Jax Air News can be reached at (904) 542-1533 or (904) 542-3531 or by fax at (904) 542-1534 or write the Jax Air News, Box 2, NAS Jacksonville, Fla., 32212-5000. All news releases should be sent to this address.

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Conserving water is in your hands

From the St. Johns River Water Management District

Saving Florida's water resources is a vital responsibility that will take everyone's participation to be successful. Water conservation may seem unnecessary in a state surrounded by water on three sides and filled with thousands of water bodies. But not all of that water is available for drinking or irrigation.

What is the Water Conservation Rule? Adopted by the St. Johns River Water Management District in 1991, the Water Conservation Rule allows outdoor irrigation before 10 a.m.and after 4 p.m. daily, effective year-round. This rule was formed because irrigating during the hours when it will do your lawn

and landscapes the most good is very important. It also saves you money on your water bill, or on your electric bill if you have a private well/pump.

When you water your lawn and landscapes before 10 a.m. or after 4 p.m. the water can seep into the ground where grass and plant roots, promoting healthy plants that establish deep root systems.

Water sprinkled on lawns during the hottest part of the day is wasted. During the heat of the day, 65 percent of that water evaporates. Though Florida usually receives about 50 inches of rain each year, only a small amount seeps into the ground to replenish underground aquifers. Aquifers are where 90 percent of us in North and Eastern-cen-

tral Florida get our drinking water.

Who does the rule apply to?

The rule applies to everyone in the District 19 area, which includes all or parts of the following counties: Alachua, Baker, Bradford, Brevard, Clay, Duval, Flagler, Indian River, Lake, Marion, Nassau, Okeechobee, Orange, Oscelola, Plk, Putnam, Seminole, St. Johns, and Volusia. It applies regardless of whether the water comes from a private well, or a private or public utility. The rule applies to homeowners, growers, businesses, plant nurseries, industries, and golf courses.

Are there exceptions to the rule?

Yes, there are exceptions to the rule. Some of the exceptions include the following: Use of a soaker hose, a handheld hose with automatic shut -off or other low-volume methods. Use of reclaimed water. Discharge from a water-to-air heat pump. Watering in of insecticides, pesticides, herbicides, fungicides, and fertilizers within 24 hours of application. One-time, 30-day exemption for new lawns, landscaping, agricultural crops and nursery stock. One-time, 60-day exemption for newly seeded or sprigged golf courses, provided irrigation is limited to the amount necessary for plant establishment.

To learn more about the Water Conservation Rule, or for tips on conserving water inside and outside, call the NAS Jacksonville Environmental Division at 542-2717 or visit their website at http://sir.state.fl.us.

NavAir's web site to respond to fleet needs

The Naval Air Systems Command launched a new Web site July 2 as the official tool for the fleet to submit an engineering investigation (EI) or a hazardous material report (HMR).

Members of the fleet can now electronically submit an EI or HMR online at https://ei.navair.navy.mil instead of manually submitting paperwork. EI/HMRs are naval aviation discrepancy reports that provide leading indicators of the safety, reliability and maintainability of the Navy's aircraft, systems and weapons.

"The EI/HMR process was reengineered to better serve the fleet," said Lt. Cmdr. Mike Berens, deputy project manager for the EI Business Process Reengineering team. "The new process incorporates 'best business practices' and state-of-the-art information technology to speed up the EI process, save money and reduce squadron workload."

The Web site integrates an EI/HMR

tracking and reporting system with workflow technology to perform tasks, cue action and measure task duration. The Web site is also linked with the Defense Message System to ensure fleet units without Internet access can obtain critical EI information via message traffic.

Since May 22, fleet aviation squadrons with supporting aircraft intermediate maintenance departments and supply activities submitted more than 1,659 EI requests with 473 requests accepted, tracked and processed by the associated NAVAIR fleet support teams.

"This intense testing period provided performance assurance in meeting NAVAIR objectives," Berens said.

The objectives are:

- To meet the Navy's guideline of 30 days for an engineering investigation,
- To achieve a zero loss rate with full disposition of EI exhibits through

positive material management,

 To implement an exhibit transportation process to achieve a shipping average to three days within the continental United States and seven days outside the continental United States standard.

"We used to average about 240 days to complete an EI," Berens said. "This Web site will significantly reduce the processing time for our fleet customers."

The Web site accommodates all naval aviation, support equipment, and aircraft launch and recovery equipment communities. Beta testing of several aviation weapons communities is currently in process and should complete performance assurance this fall.

Fleet aviation Sailors and Marines can register at the https://ei.navair. navy.mil Web site. Feedback is encouraged and can be submitted online at the Web site.



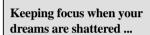
You are invited to the following Chapel Worship Services this Sun-

8:30 a.m. - Protestant Communion - Chaplain Lt. Cmdr. Ruben Ortiz officiating.

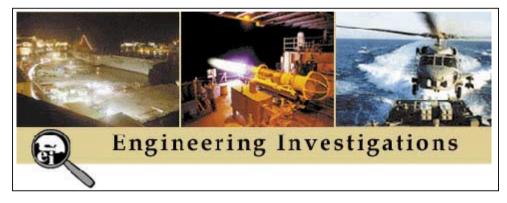
9:30 a.m. - Catholic Mass - Father Michael Zuffoletto, (Cmdr. USN) guest pastor.

11 a.m. - Protestant Worship - Chaplain Lt. Kirk Crocco officiating.

Children's Sunday Class begins at the Chapel Sept. 9. Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon. "Train up a child in the way he should go and when he is old, he will not depart from it."



Will be the theme of a special Bible study series at the Base Chapel Sept. 11- Oct. 20, 9:30 a.m. to noon. If you have ever suffered unjustly, or just been disappointed in turn of events, this class wills speak to you. Contact the Chapel at 542-3051 for free registration or information. Child care is provided.



HS-15: *Medevacs woman at sea*

Continued from page 1

the normal pressure in a situation like this, there were also hundreds of passengers taking pictures and watching us from the balcony with drinks in their hands."

As the helicopter hovered above Zenith, Kreuz was hoisted down. After reaching the deck, he quickly secured the elderly victim into the medevac litter.

"She was conscious and aware of her surroundings when I got to her," Kreuz said. "I told her I was going to strap her in, that it would be a little tight, but that we were going to help her out. It took me about 15 minutes to do it all."

"Before she came aboard the aircraft, I had no idea what to expect. I knew she'd had a seizure, but that could be anything," Umlauf said. "It didn't take long to realize she had an unstable heart rhythm that placed her at risk to have another heart attack."

After finally sedating the patient, Umlauf and the crew were faced with a tough decision. They were only 45 minutes away from Norfolk General Hospital, but they were also low on medical supplies.

"We stopped at GW to take on board

more portable oxygen bottles, nitroglycerin medication and fuel," said Beachy.

They arrived at the medical facility, but in order to land, Beachy and crew had to jump more hurdles.

"When we got to the hospital, there was a helicopter on the landing pad," Zummo said. "We didn't have communications with the hospital, so we had to contact Norfolk Approach Control (NAC). They called Norfolk General Hospital and had the pilot move the helicopter." NAC is located at Norfolk International Airport.

"The fact that we got her to the hospital so fast really saved her," said Umlauf. "She could have had another heart attack if we didn't get her to the hospital as quick as we did."

"This was a successful evolution because of the teamwork and professionalism of all units involved," said Cmdr. Dana Dervay, George Washington's operations officer. "We proved that this was one of those days where, if someone were to look in the Yellow Pages for help, they'd see '1-800-U.S. NAVY.' We were there."

For more information on USS George Washington, go to http://www.spear.navy.mil/gw/.

Saying goodbye after 21 years

By Lt. Kim Jagiello By VP-30 PAO

Patrol Squadron (VP) 30 and the Navy bid "farewell and following seas" to Capt. "Andy" Andersen last Friday during a combined change of command and retirement ceremony in the squadron hangar Capt Brian Prindle relieved Andersen as VP-30 Commanding Officer.

Two days earlier Andersen had taken his final flight in a squadron P-3 and received the traditional "wetting down" reception when he landed, VP-30 and the Navy are grateful to Andersen for his 21 years of devoted service to the nation

Andersen was born in Los Angeles. Calif. and grew up in the Chicago area. He graduated from the U.S. Naval Academy in June of 1977. He began flight training and was designated a Naval Aviator in August of 1979.

Andersen's first fleet assignment was with VP-16 in Jacksonville, Fla. where he served as the Combat Readiness, Pilot Training and NATOPS Officer. In 1983. Andersen reported for instructor duty at VP-30. This was followed In 1985 by a tour as catapult officer aboard the USS John F. Kennedy (CVN-67). During this

tour, he served as the V-2 Division Officer, Andersen reported in 1987 to Patrol Wing Eleven to serve as a Watch Officer and the Schedules and Employment Officer. În 1989, he report-

Photo by PH2 Kim Smith Andersen (left) cuts the change of command cake with VP-30's new Commanding Officer Capt. Brian Prindle. ed to VP-24 as the NATOPS and Maintenance Officer

In 1991, Andersen attended the Naval War College in Newport, R.I., receiving his Master of Arts degree in National Security and Strategic Studies; followed by the Armed Forces Staff College, completing his joint professional military education

Andersen reported as executive officer of VP-16 in 1993, deploying to Puerto Rico for six months of counter-narcotics operations. He assumed command of the squadron in February of 1994. During his tenure, he was actively involved in community services presenting financial seminars and spearheading the squadron's adoption of "Pinecastle Center." a facility for mentally impaired adults.

Andersen then was appointed to Washington, D.C. as the Aviation Commander Detailer, making daily decisions in the worldwide job assignments of more than 700 commander aviators.

Continuing his Washington tour, Andersen served as the Navy Military Assistant to the Executive Secretary and Deputy Executive Secretary for the Secretary of Defense.

He served as the Navy's point of con-

tact for the Immediate Office of the Secretary of Defense, representing not only his service, but also the Department of Defense Public Affairs, Comptroller, Joint Chiefs-of-Staff. Vice President and White House. He also served in the personal "Aide de Camp" role for Secretary of Defense William Cohen during several domestic and overseas trips.

Andersen assumed command of VP-30 in September of 1999. In recognition of his outstanding service at VP-30 and throughout his Navy career Andersen was presented the Navy's Legion of Merit Medal as he retired.

An avid naval and civil community supporter, he is an active member and "Stephen Minister" with the United Methodist Church: was recruited and elected to the Board of Directors of the Navv Mutual Aid Association: has presented numerous fiseminars in the reenters civilian life. Naval District Wash-

ington and Jacksonville areas; volunteered with mentally disabled adults at the Northern Virginia Training Center and Fairfax Nursing Home; and played



nancial planning Andersen and his wife, Cindy, are piped ashore as he

right wing for the "Hartford Whalers" in the Fairfax Men's Ice Hockey League.

Andersen and his family plan to remain in Jacksonville



Capt. "Andy" Andersen receives the traditional "wetting down" as he returns to the "Pro's Nest" from his farewell flight on a squadron P-3. Handling the firehose is Andersen's wife, Cindy, and Command Master Chief Jim Arp.

KUDO KORNER

The following Naval Hospital Jacksonville personnel were recently presented awards for outstanding service:

Navy and Marine Corps Commendation Medal HM2 Trent Edward

Navy and Marine Corps Achievement Medal HM1 Sharon Green HM2 Bertha Gonzalez HM2 Ray-Bernard Portier

CBU 410 retires one of their own

By YN2(SW) Angel L. Guzman

EO1 Bobby Wayne Simbeck retired from the United States Navy after 20 years of loyal and faithful service to his country on Aug. 17.

Simbeck was awarded the Navy and Marine Corps Achievement Medal at the ceremony. He was also presented a Certificate of Recognition from the Governor of Alabama in recognition of his retirement along with a United States Flag flown at the Alabama State Capitol in Montgomery on June 18 honoring his dedicated service to the United States Navy. Simbeck also received a command coin from the unit's Assistant Officer in Charge CUCM(SCW) Paul T. Felker. CBU 410's First Class Association gave him a plaque bearing a rendering of the Seabee Memorial. And he received a hand-crafted flag box shaped in the form of a chest with a list of his past commands, medals, ribbons, dog tags.

and the national ensign. Simbeck will remain in Jacksonville to enjoy his well-earned retirement

In other news at CBU 410, BU2 (SCW) Kristi D. Thrift was awarded her second Navy and Marine Corps Achievement Medal Aug. 22 during Quarters. The Medal recognized her professional achievement in the superior performance of her duties while serving with U. S. Naval Mobile Construction Battalion Four from February

1997 to July 2001.

According to the citation accompanying the award, Thrift performed superbly as the crew leader on the renovation of the Marine Corps Forces Atlantic Headquarters building and the construction of a 20-room barracks Andros Island, Bahamas,



EO1 Bobby Wayne Simbeck is piped ashore.

West Nile: Navy tracks migration

Continued from page 1

care New England, Groton Conn.; and

N a v a 1 Weapons Station, Earle N.J.

Preventive medicine personnel at hospitals or clinics usually conduct field surveillance and collection efforts in the region.





Lt. Carl Doud DVECC Opertations Officer

Naval Hospital Jacksonville conducts West Nile surveillance. HMC (FMF/SW) Gary Woodford, department leading chief, said, "West Nile is one among a number of arboviral (mosquito) tests we conduct." Two of the 10 Preventive Medicine Technicians (PMTs) working for Woodford are designated to mosquito surveillance that includes trapping.

Two traps are commonly used. One, often suspended from a tree or shrub, uses a light source in conjunction with dry ice. Mosquitoes are drawn both to

the light and the carbon dioxide released as the dry ice melts. The other is placed on the ground and replicates the standing water mosquito larvae hatch

in. Once lured near either trap, a small fan sucks them into a collection bag.

PMTs at NAS Jax

collect the traps and freeze them. "Freezing helps to preserve the virus if they have it," Woodford said. PMTs will examine mosquitoes under a microscope to determine the genus or

classification based on common characteristics. Frozen mosquitoes are packed in translucent containers and kept chilled with ice packs on their journey to the Army Center for Health Promotion and Preventive Medicine at Fort Meade, Md. The Department of Defense has tasked the Army facility to screen for West Nile and other vector-borne contagia.

Results of testing are sent to DVECC, which then shares them with the field units and the Center for Disease Control (CDC) in Atlanta.

Doud stressed as the science behind vector tracking expands measures to combat mosquito-borne diseases of any kind are less likely to be applied based on seasonal changes or complaints. At NAS Jax, PMD develops the minimum threshold required for spraying. DVECC provides installations recommendations to fog or spray for mosquitoes once the threshold is reached.

Since West Nile is carried by birds, Woodford welcomes calls from base residents or workers if they spot a dead crow or blue jay that has no visible cause of death at NAS Jax, Yellow Water Housing or Whitehouse Field. Call 542-3500 ext. 3. Birds showing signs of death by a predator or a passing car are of no use in testing for West Nile

Transmitting the

Humans bitten by infected mosquitoes will not always develop the virus Doud said. Those with weakened immune systems and the very young may be susceptible, however most clinical cases of WNV appear in those over

50

"In Florida there are

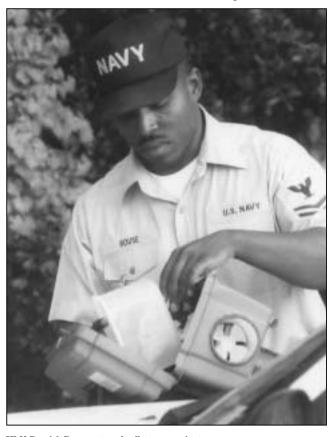
approximately 70 differ-

ent species, the majority

of them don't carry it."

Lt. Carl Doud

Doud stressed the likelihood of humans actually contracting West Nile virus is minimal. After biting an infected bird, the virus must develop in the



HM2 Derrick Rouse sets and collects mosquito traps.

mosquito. This can take one to two weeks. Considering most mosquitoes live about 30 days, the virus must develop in the mosquito and then bite a person or animal before dying. This timeline reinforces Doud's confidence that the risk of infection is minimal. "Because of the incubation period, they may die before they can transmit it."

The CDC backs Doud up. Its web site, www.cdc.gov, states, "Even in areas where mosquitoes do carry the virus, very few mosquitoes - much less than one percent - are infected. If the mosquito is infected, less than one per-

cent of people who get bitten and become infected will get severely ill. The chances you will become severely ill from any one mosquito bite are extremely small."

What further reduces the prospect of humans being infected is the number of mosquito species known to carry West Nile. "In Florida there are approximately 70 different species," Doud said, "the majority of them don't carry it." Despite West Nile's potential hazard, Doud said only three to 15 percent of

See West Nile, page 8

West Nile: Taking precautions at home can reduce infection risk

Continued from page 7

humans with symptoms serious enough to require hospitalization might die

Humans are "dead end" carriers Doud said, meaning an infected person can not pass it on to others.

By its very recent arrival in Florida. West Nile has been the subject of extensive health bulletins and media coverage. Doud said another virus found in Florida, Eastern Equine Virus (EEV). has a greater ability to affect humans. EEV has been present in Florida for years. DVECC tracks EEV reports and

sites for mosquitoes, using personal protection measures such as mosquito repellent as well as limiting outdoor activities at dusk and dawn Applying insecticides is certainly an option when all other control means fail. "We would much rather identify the virus first in a mosquito or bird, rather than a human which is why we are heavily involved in mosquito surveillance."

West Nile symptoms

Symptoms may start within three to 15 days after being bitten.

Infected people rarely develop any symptoms.

Those who do may experience a mild illness featurfever ing muscle aches swollen glands skin rash In the most

severe cases humans may develop West Nile cephalitis, an inflammation of the brain that can be fatal. West Nile encephalitis symptoms include: headaches, high fever, fatigue, dizziness, neck stiffness. confusion, weak muscles



PMTs must sort mosquitoes before they are shipped for testing.

PMD includes EEV in its surveillance and coma. program.

Woodford said, "Our (PMD's) primary goal is to prevent disease transmission through preventive measures.

"This includes reducing the breeding

Things you can do

-Eliminate standing water sources near your home, mosquitoes can hatch in seven days.

-Stay indoors at dawn, dusk and in the early evening.

-Check door and window screens for proper fit, repair any tears.

-Wear long-sleeved shirts and long pants when you are outdoors.

-Spray clothing with repellents containing permethrin or DEET since mosquitoes may bite through thin clothing.

-Apply insect repellent sparingly to exposed skin. An effective repellent will contain 35% DEET. The American Academy of Pediatrics recommends that repellents for children contain no more than 10% DEET.

> -Sightings of dead crows or blue jays with no apparent cause of death should be referred to preventive medicine units. Aboard NAS Jax call 542-3500 extension 3.

-Repellents may irritate the eyes and mouth. Avoid applying them on children's hands.

-Whenever you use an insecticide or insect repellent, read and follow all manufacturer's directions.

-Sightings of dead crows or blue javs with no apparent cause of death should be referred to preventive medicine units. Aboard NAS Jax call 542-3500 extension 3.

Caring for animals

-West Nile can infect wild animals, livestock and pets.

-Animals may not develop symptoms or develop a mild illness.

-Symptoms farmers and pet owners may notice in animals include: fever, weakness, coordination difficulties and muscle spasms.

-Like humans, cats, dogs and live-



The fan in the end of a modified tackle box creates the suction that pulls mosquitoes into the trap.

stock are "dead end" carriers of West Nile and are not considered as vectors for the disease

-CDC recommends treatment "be supportive and consistent with standard veterinary practices for animals infected with a viral agent."

West Nile virus web sites:

www.cdc.gov/ncidod/dvbid/wesnile/index.htm

www.vdh.state.va.us/eni/wnv.htm www.edcp.org/html/wn_surv.html www.dchealth.com/mosquitoes.htm http://wld.fwc.state.fl.us/bird/.

http://www.doh.state.fl.us/disease ctr 1/epi/vetvector/arbo99.pdf.

http://www.doh.state.fl.us/disease_ctr l/epi/htopics/arbo/index.

Leave traps alone

HMC(FMF/SW) Gary Woodford. leading chief of the Preventive Medicine Department, said while most traps set by his Sailors are in secluded areas away from people, some will be set near work or residential areas. Woodford requests the support of residents and workers in leaving the traps alone. It doesn't take much to render a trap ineffective.



HTC (SW) Paul Douglas Southern repeats his oath of enlistment Monday.

A fine day to 'Stay Navy'

By JO3 Jackey Bratt
Staff Writer

On Sunday, Aug. 26, HTC (SW) Paul Douglas Southern was a civilian. On Monday, he was a Sailor again. Attached to NAS Drug and Alcohol Program Advisor (DAPA), Southern proudly 'stayed Navy' as he was discharged and sworn back in at a small ceremony aboard NAS Jacksonville.

Since coming into the Navy in 1980, Southern has met many interesting people, as well as visited many interesting places. He's seen the world on sea and land. Norfolk, Va, Guam, Mayport, and Jacksonville, Fla. have been home, at least for a few years to Southern and his family.

He offered the following advice to junior Sailors in our fleet.

"Never base your opinion of the United States Navy from experiences in your first command. If your command is not what you expected it to be, wait until you have had a taste of your second command before forming your final opinion on the Navy."

He added that the Navy is a great life, offering many opportunities. He said his most memorable experience in the Navy was aboard the USS Iowa. "I had the experience of being part of the pre-commissioning crew to a battleship that has been commissioned three times!"

Southern honed in on some major advantages to naval service, most notably education. He is finishing his Bachelor's degree in Psychology and is planning on starting his MA degree before finishing his naval service.

Nov. 30, 2002 will be Southern's last day in uniform. "I hope to stay in the substance abuse, chemical dependency, criminal justice, and counseling side of psychology," Southern concluded.

Southern's family includes his wife, Linda; sons, Michael and Gregory; daughters, Tiffany and Jenisa and two grandchildren.



Hev, MoneyMan!

A couple of weeks ago I bought a lot of school clothes for my three children and took advantage of the "tax free days." My neighbor told me that this was no big deal since I had only saved the tax, which is about 7 percent. She said the "after school starts" sales are a lot better. What do you think about the "tax free days?"

MoneyMan Sez:

Hey I love tax-free days! Any time I can purchase items and legally pay no tax. that is a good deal. And guess what? I know where you can have "tax-free days" every day of the year except maybe Easter and Christmas Your Navy Exchange charges no sales tax on any item in the store - ever! According to Mrs. Marsha Brooks, our NEX general manager, shoppers save around 20 percent across the board sometimes even more. She also reminded me of their "match lowest price" promise that allows customers to shop around off-base and if they find an exact item at a lower price, the NEX will match it.

This is amazing since most big chains do bulk buying and there are 1000 Targets, over 3000 WalMart stores but less than 120 NEX outlets. One last great thing about your NEX is that most of profit made at the exchanges goes right back to our MWR who supports our service families. Twenty-five percent of this profit stays right here at NAS

The NEX is undergoing major renovation so it is a bit of a hassle to shop there. To me, a little temporary inconvenience is well worth the extra money in my pocket!

More questions? Call Hey Money-Man! at 778-0353.

Navy Midshipmen train with the 'Dusty Dogs'

By Lt. Dom Pastorin

Across the country this summer, more than 1,000 Midshipmen will spend at least four weeks with Fleet Naval Forces for a look into their future endeavor: a career as an Officer in the U.S. Naval Service, Midship-



First Lieutenant Steve McClune (left) joins his brother MIDN Andrew McClune (right) onboard the USS Harry S. Truman (CVN-75).

men are college level students, enrolled at the United States Naval Academy in Annapolis, Md., or in a college Reserve Officer Training Corps (ROTC) Unit.

Midshipman First Class George Loranger, from the United States Naval Academy, and Midshipman First Class Andrew McClune, from Penn State University NROTC Unit, recently spent four weeks with the "Dusty Dogs" of HS-7. During these four weeks, the Midshipmen were exposed to the day-to-day operations of HS-7. From observing the interaction between division officers and enlisted personnel in the squadron to flight time in the SH-60F Seahawk and the simulators, the Midshipmen have been kept busy.

Lt. Eric Young, HS-7's Midship-

men Training Officer, fully immersed the Midshipmen into HS-7. "It's been great having them onboard these past few weeks," Young said. "We've given them as much exposure to the HS community as possible and we hope to see them in the Fleet in a couple of years."

McClune recently joined a twoweek "Dusty Dog" detachment onboard the USS Harry S. Truman (CVN-75). The "Dustys" were providing Search and Rescue (SAR) support for a carrier qualification (CQ) period onboard the Truman. While at sea with the "Dustys," McClune was exposed to Navy life onboard an aircraft carrier and he observed how the "Dusty Doss" operate at sea.

Coincidentally, one of the pilots involved in the CQ period was Marine Corps First Lieutenant Steve McClune, MIDN

McClune's older brother. First Lieutenant McClune, currently in the Naval Flight School pipeline, is with Training Squadron (VT) 21 stationed at NAS Kingsville, Texas. By successfully completing carrier qualifications in the T-45A Goshawk, he has completed a major step towards earning his "Wings of Gold."

MIDN McClune said he enjoyed his time with the "Dusty Dogs." "I've enjoyed seeing different facets of how the 'Dustys' operate, both on land and at sea," he said. "Being able to see my brother qualify onboard the Truman and spend some time with him afterwards was an added bonus."

To learn more about the "Dusty Dogs," access their website at http://www.navy.mil/homepages/hs7.

UMMARY OF MISHAPS

From the Naval Safety Center

Last week's Summary of Mishaps spotlighted some Marines who let their testosterone levels short out the electrical impulses in their brains.

This week's entries, however, prove that Marines aren't the only guys who exhibit an almost pathological need to be "number one," to take a victory lap waving their index finger in the air, to give the clenched fist, "iam it" Tiger Woods victory salute. Sailors are no less susceptible.

A case in point is this story of the corpsman who, in the middle of a race to see which team could set up a command post tent the fastest, grabbed a tent stake with his left hand and a big old sledge hammer with his right. Racing against time, he stuck the stake in the ground, wrapped his middle finger, ring

finger, pinky finger, and thumb around the stake placed his index finger on top of the stake and smashed it as hard as he could with the sledge hammer

Kid raced around with his finger in the air for about ten minutes But somehow, with all that blood running down his arm; it didn't look much like a victory lan

Second class petty officer using a food slicer, added to the tradition of and confirmed a lot of suspicions about. mystery meat when he contributed a large portion of his thumb to the entree at the evening meal onboard a mine

On his very first ride as a driver of a motorcycle, the borrowed 60occ bike got away from the seaman apprentice. Flying across the parking lot at breakneck speed, he smashed into a parked car, ricocheted off, bounced over the curb with such force that he was bucked off the bike and thrown through the plate glass window of a nearby restaurant. The gash in his thigh was so deep he severed his sciatic nerve and nearly bled to death before help

thingies that the Marines do? I mean I don't have a clue what the acronym stands for, but I've always suspected it was French for "stalk du banana" cause that's what this thing always reminded me of when ever I saw a passel of Marines dangling from a clothes line underneath a heliconter

"Sorry guys, but all our seats are filled. However (he leers and leans closer) we are offering these super-saver accommodations with an unrestricted panoramic view of the passing country-

J'ever see one of these "SPIE Rig"

Can vou imagine?

time

blowing up balloons, hanging banners, raising food tents, serving food and beverages and clean up. Two shifts are available - from 6-10 a.m. and 9 a.m. -1 p.m. Call 739-0197.

VOLUNTEER

Wash, Kids Foundation/ CSX Golf & Tennis Gala - Sept. 11

Enthusiastic volunteers are needed to perform a variety of tasks at the CSX Golf & Tennis Gala to benefit a local children's foundation. Duties include event set-up, registration and operations for celebrity golf and tennis proams. Minimum age requirement is 18 years. This is a daytime event. For more information and exact hours, contact Terri Florio or Terryl Quarles at 359-

International Coastal Clean Up

Help clean up the trash along our community's shores and riverbanks during this day of international effort. Yes, while you are assisting clean-up efforts here on the First Coast - there will be thousands of others doing the same across the world. Help make Jacksonville a better place to live. Minimum age requirement is 18 years, if accompanied by an adult. Groups welcome! Contact the City of Jacksonville. Sue Bisesi or Robyn Cenizal at 630-1020 or via email at volunteer@coi.net.

American Heart Association Walk-a-thon - Sept. 15

Help out with the number one walka-thon in Northeast Florida! The American Heart Association is looking for volunteers to coordinate the set up and operation of their annual walk-a-thon on Sept. 15 beginning at 8 a.m. in Friendship Park (located next to the Museum of Science and History on the south bank of the St. John's River). Volunteers will assist with event set up,

Leukemia & Lymphoma Society of Northern Florida

'Light the Night Walk' - Sept. 20 The 'Light the Night' walk-a-thon will take place on Sept. 20 starting at the Jacksonville Landing. Volunteers are needed for various shifts from 1 - 9 p.m. to help out with set-up, registration, traffic control, refreshments, handing out walker information and clean-up, Contact Catherine Coin or Dearing McRae at 538-0721 or (800) 868-0072.

Ronald McDonald House 'Carry the Key' 5K Run - Sept.

Support this event by volunteering in many capacities. Event day duties include: race registration; passing out refreshment; and staffing of after-run

side. Just tie this rope under your armpits. A granny knot will do fine."

That must be like a bungee ump with no "sproing!" at the bottom.

Anyway, what brought all this to mind was a report I just came across that told of a stringer of Marines being dragged through a field at the end of one of these SPIE Rig exercises. Seems the pilot of the helo got a touch too low and dragged these guys across a hundred yards of sagebrush before he chopped the line then disappeared over the horizon

That's why, whenever the Marines on my amphib offered me a ride on that thing. I'd always ring up the tooth fairy and schedule a root canal in it's place.

Only one Marine needed any real serious medical care. The other eight beat feet out to the airport to form a welcoming committee. They figure that helo pilot's' gonna have to land some-

That's all I know for now. Until, we're together again, take good care of one another, won't you? We'll see you soon.

festival activities such as face painting; set up/clean up: managing merchandise table, etc. Prior to the event volunteers are also needed to assemble goodie bags for the 500 race participants. Minimum age requirement without an adult is 14 years. Call Lisa McCarthy at 798-

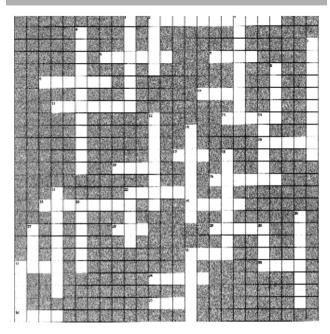
Alzheimer's Association Memory Walk Odyssey 2001 - Oct. 6

Lots of special event volunteers are needed for this walk. Duties include assisting elderly participants and running errands beforehand. Minimum age is 25 years old or 16 years with a parent. Sign up to help out by contacting the Alzheimer's Association - Angela Kilpatrick or Diantha Grant at 398-5193.

Susan G. Komen Breast Cancer Foundation - 'Race for the Cure' Oct. 13

Volunteer are needed for a variety of positions on race day at the Seawalk Pavilion, Jacksonville Beach. Contact the Race hotline at 241-3156.

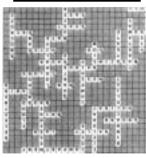




Across

- Interior space on a ship
- Space where food is prepared. Never called a kitchen
- To secure a object by turns of lines, wire, a chain
 - In or on a ship
 - 10. Naval term for jail
- Space on a painted surface that 11. the painter neglected to cover
 - Wide 13
- Living compartment of the ship's commanding officer
 - <u>1</u>7. To assume a station
- 19 Place where meals are eaten
- The national ensign 22. Area in the superstructure from
- which a ship is operated 23. Compartment used for storage
- of ammunition 25. A device used to detect objects
- using reflected radio waves
 - Officer of the deck
- 29. Common term for an enlistment

NSWERS



- 31. Another Sailor
 - Navy tern for gangplank
- Horizontal planking or plating that divides a ship into layers
- 34. Stop
- 35. To relax, to slack
- 36. The shell or plating of a ship from keel to gunwhale

Down

- A day devoted to general cleaning, usually in preparation for an inspection
- 2. Headgear, and the act of donning the same
 - 3. One who delivers messages
- List of persons amused from duty due to Illness
- 5. Knot used to tie two lines together
 - 8. To fill a space with water
 - The act of deserting a ship 12
- A device used to make a floating body fast to the bottom
 - 15. Living spaces
- Meaning "be alert" or "move 18. faster"
 - 21. To break loose
- 22. Downward, beneath or beyond something
- 24. Reply to a command or an order
- 26. Quit working
- 27. A structure extending from land out into the water to provide a mooring for vessels.
- 30. A ship's crewmember
- A roll call 31.
- A bunk or a duty assignment

From ground to air operations

This is the final feature in a two part series featuring the everyday dedication and expertise of NAS Jacksonville's Air Operations personnel.

Story by JO3 Jackey Bratt <u>Photos by JO2(SCW) Eric Clay</u> Staff Writers

If you have a few days, you may want to check the Space Available passenger flights out of NAS Jacksonville. Funded through the United States Air Force, "Butch" Voris Air Terminal is host to many Sailors and squadrons aboard NAS Jacksonville. Part of the Air Operations team, the air terminal caters to the needs of the Navy as well as the needs of the Sailor.

"Our goal is to provide the best customer service possible," stated ABHC (AW) Will Mcclain, CPO at the air terminal.

Providing excellent customer service is essential, considering the air terminal accommodates over 149,000 flights annually. From helping Squadrons returning or departing from deployments, to checking in Sailors making the one



Air terminal personnel check in Sailors for flights from NAS Jacksonville.



NAS Jacksonville Air Temrinal are the first to welomce thousands of people to NAS Jacksonville

time a week flight to Puerto Rico, the air terminal personnel are at their best.

"I don't see a difference between these flights and commercial flights,"

said, UT3 Scott Burgard, stationed at Naval Mobile Construction Battalion, Gulfport, Miss.

The air terminal was named after Butch Voris, the first Blue Angel and was dedicated in November 2000. However, the air terminal is not quite done being worked on according to ABHC (AW) McClain.

"We are planning to build a children's play area in the terminal soon so the children will have something to do while waiting for their flight."

Manned 24 hours a day, there are scheduled flights from NAS Jacksonville. "We fly to Puerto Rico once a week, Cuba two times, and Norfolk, Va., every Wednesday and Friday," said ABH3 Isaih Summersett.

"We love taking military flights," stated HM1 Paula Miller, who is sta-

tioned at Naval Station Roosevelt Roads, Puerto Rico.

Thanks to military flights, Sailors, Marines, Coast Guard, Air Force, and Army personnel are able to travel with less worries about airfare costs.



Baggage handlers load passengers bags in preparation for departure

NAVY NEWS

Military Thrift Savings Plan enrollments start Oct. 9

WASHINGTON (NWS) — Beginning Oct. 9, Sailors and Marines can choose to contribute a percentage of their pay to the military's Thrift Savings Plan (TSP).

The TSP, administered by the Federal Retirement Thrift Investment Board, previously has been available only to federal civilian employees. The fiscal 2001 Floyd D. Spence National Defense Authorization Act extended TSP participation to active-duty and Reserve members of the military, and uniformed members of the Public Health Service and the National Oceanic and Atmospheric Administration.

TSP is separate from, and in addition to, the military retirement system, which is based on years of service and rank. The first enrollment window for persons who entered military service on or before Dec. 8, 2001, is from Oct. 9 to Ian 31.

Persons who enroll during this period will see TSP contributions deducted each month from their pay starting in January 2002. Persons who join the military after Dec. 8, 2001, will have 60 days after entering to enroll in TSP.

After the initial first enrollment period, service members may use two "open seasons" each year to join, quit or change the amount of their contributions. Currently, these periods are May 15 through July 31, and Nov. 15 through Jan. 31.

Military members should complete a TSP election form and submit it through their local Navy or Marine Corps finance office. Enrollment forms are available for download at http://web1.whs.osd.mil/icdhome/TSP EFORMS.HTM, or can be obtained at local military finance offices.

Participants can invest any whole percentage of up to 7 percent of their base pay in any or all of the five TSP funds:

- The conservative G Fund consists exclusively of investments in short-term, non-marketable U.S. Treasury securities, specially issued to TSP. Since 1991, the fund has earned an annual average of 6.74 percent;
- The F Fund is TSP's bond market index fund. Since 1991, the fund has earned an annual average of 7.87 percent and 12.78 percent in the past 12 months ending July 31;
- The C Fund is TSP's large-company U.S. stock index fund. Since 1991, the fund has earned an annual average of 17.43 percent, but it has reported a 14.3 percent loss in the past 12 months ending July 31;
- The S Fund is TSP's medium and

small-company stock index fund. The I Fund is the international stock index fund for the S Fund. Both funds opened in May, so neither have long-term track records

TSP participants risk losing some or all their investments and earnings in the F, C, S and I funds, but the funds' earning potential is unlimited. Only G Fund investments and earnings are backed by the government against loss.

Service members can contribute as little as 1 percent of their base pay per pay period, up to the 7 percent limit in 2002. The limit increases by 1 percent each year until 2005. Contributions after that will be limited by Internal Revenue Service guidelines. Members may also elect to contribute any amount of incentive pay or special pay, to include bonus pay.

Like civilian workers covered by the old civil service retirement system, service members generally will not receive TSP matching funds from the government.

One exception is personnel in specialties designated critical by the Secretary of the Navy. Those receiving matching funds will be obligated to serve a six-year, active-duty commitment.

Strict rules apply to service members' withdrawal of funds from TSP accounts before they retire. Federal and state income taxes on investments and earnings are deferred, so long as the money stays in the TSP account. Withdrawals are taxed as ordinary income, and early withdrawals are penalized under some circumstances.

Military members who already have a civilian TSP account, such as past and present federal civilian employees serving in the Reserves or National Guard, can open an entirely separate, second TSP account

For more information on the TSP, go to http://www.tsp.gov/.

Accompanied orders resume for Bahrain, Middle East

WASHINGTON (NWS) — The temporary ban on Sailors taking their families to Middle East duty stations has been lifted.

Concurrent travel to Bahrain and other selected countries within the U.S. Navy Central Command (NAVCENT) has been reinstated under the same rules that applied before the ban took effect.

Detailers from Navy Personnel Command and personnel officials at NAV-CENT are working to reunite Sailors who transferred to the NAVCENT area of operations without their families.

The officials will offer accompanied billets to Sailors currently under orders to Bahrain, the United Arab Emirates and

other locations in the Middle East.

Duty in support of the Navy's 5th Fleet is among the most career enhancing. Quality of life has improved with the construction of new medical and child-development center facilities as well as the construction of shopping malls and modern facilities off base. The Bahrain School is among the finest in the DoD School system. Bahrain has some of the best offbase housing anywhere and there are federal income tax exemptions. Duty at one of more than 35 Bahrain commands is among the most requested in the Navy.

Jaguars volunteers offered free tickets to work games



BUT I GOT

FROM THE

YOUR ADDRESS

GLOBAL ADDRESS

LIST.

Volunteers are needed to work at ticketing booths and as stadium guides at upcoming Jaguars games. Volunteers will work in the Fan Accommodation Booth dipersing information, taking registration forms for contests and providing general information. Special

WELL, GENIUS_YOU

DON'T SUPPOSE

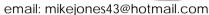
THERE'S ANOTHER

"SMITH" IN THE

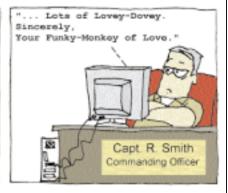
MANY YOU MIGHT'VE ACCIDENTALLY SENT IT TO, DO YOU? Events workers are also needed to work the tailgate parties. For specific information on the work requirements for each volunteer position and how workers will be awarded free game tickets call MWR Marketing at 542-3577.

Jax Tales





by Mike Jones







Sea Cadets learn aviation 'Checkmates'-style

By Lt. Mark Alexander

VS-22 PAO

This month, the "Checkmates" of Sea Control Squadron (VS) 22 had the opportunity to host a unit of U.S. Naval Sea Cadets in their Advanced Aviation Summer Training Program. Seven Sea Cadets from all over Florida and Texas joined VS-22 for two weeks to learn the duties and responsibilities of the personnel in a fleet aviation squadron.

Upon their arrival at the squadron, the Sea Cadets participated in a full day of safety briefs and indoctrination training. They were divided up and rotated through each of the maintenance shops to gain an appreciation of every work center. Each cadet was paired up with a running mate and integrated into the daily routine of their respective shop. The cadets received full hands-on training, participating in routine maintenance and servicing of the jets. They also learned plane captain skills required to safely launch and recover jets. Cadet Manuel Castro and Cadet Mario Hernandez fully qualified as plane captains and were recognized as VS-22 Honorary Plane Captains.

Application for the limited number of Advanced Aviation Training billets was a competitive process for the Sea Cadets. Each candidate submitted an application and conducted an interview with the program leader, Lt. Cmdr. Donald D. Brammer. Selections were based on performance, motivation, potential, and recommendations. In the end, seven Sea Cadets were selected to participate in the program.

The U.S. Naval Sea Cadet Corps (NSCC) was established in 1958 by the Navy League, in response to a request from the Department of the Navy. NSCC was designed as an organization to educate youth in maritime matters. The main objectives of the program are to help young Americans become more patriotic and responsible citizens, and to help them understand the role of maritime services in national defense.

To several Cadets, the NSCC is simply an introductory program to a full Naval Career. Many of the cadets end up enlisting in the U.S. Navy or are selected for various officer candidate programs. Some of the cadets working with VS-22 have already made their future plans. Castro is off to boot camp in September, and hopes to be selected for Flight Engineer School. Cadet John Froelich is looking forward to entering the U.S. Naval Academy next fall with the class of 2006. Based on their experience with the "Checkmates," some of the younger cadets are beginning to make future Navy plans as well.

The Advanced Aviation Training Program was a great experience for both the Sea Cadets and the troops of VS-22. The "Checkmates" were able to enhance their skills by imparting their experience and knowledge on the cadets. The troops of VS-22 look forward to working with the Sea Cadets in the future and hope to soon be working side by side with them in the fleet.

(Top left) Cadet David Gordon of Tamarac, Fla., Spruance Division, secures an engine inspection access door after an engine change.

(Left) Cadets Johnathan Green of Crawfordville, Fla. and Dustin Walker of Zavalla, Texas remove an oil pump from the engine of an S-3B Viking.

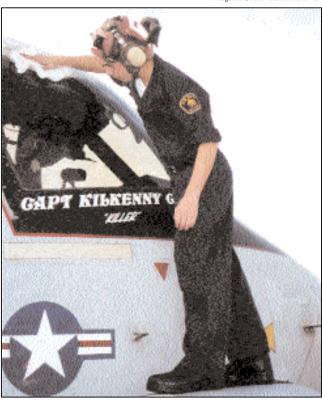




Cadet Mario Hernandez prepares to launch an S-3B Viking with Airman Michelle Oden supervising.



Cadet Peter Balcunas of Landerdale Lakes, Fla., Spruance Division, secures electrical connections after the removal of an engine.



Plane captain trainee, Mario Hernandez preflights a VS-22, S-3B Viking.



AT1 Melinda Isyk, VS-22 Line LPO, reviews the Plane Captain Training Syllabus with Cadets Manuel Castro and Mario Hernandez of the Enterprise Division 06, Coast Guard Air Station Miami, Fla.

Photos by Donald D. Brammer

Line Captains take charge on NAS Jax busy flightline

Story and Photos by JO2(SW) Shae Blasko Staff Writer

Line Captains are Aviation Support Equipment Technicians that go in the way of danger everytime they guide an aircraft on or off the runway.

Line Captains of all squadrons take charge of aircraft safety, movements, launching and recoveries of P-3s at NAS Jax. As Aviation Support Equipment Technicians in addition to being line captains, they are responsible for all tow equipment.

AS3, Derek Lammel, a Line Captain with VP-45, is his division's day check

supervisor In that role, he ensures the safety and quality of taxing aircraft on the runway and into and around the hangars.

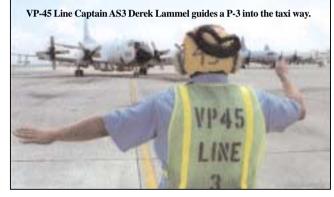
"Line Captains are a little different from plane captains. The main difference is that Plane Captains are in charge of an individual aircraft while Line Captains are in charge of taxing and maintaining many aircraft," said AS1 Carroll Washington, leading petty officer of VP-45's line division.

Line captains have one of the most important jobs on a flight line. They ensure the safety of all personnel by checking the aircraft before and after takeoff. They also are responsible far all

personnel near or on the flightline.

Training and qualifications are very important in the Navy especially for Line Captains. "Taxing aircraft is a very important and dangerous job, that is why qualification is so important," said Lammel. "Qualifications take about 90 days," he said.

A line captain must



know all the hand signals to communicate to an aircraft. It doesn't matter which aircraft they communicate to the hand signals used are universal said Lammel.

There is a difference in apperance between a "qualed" (qualified) Line Captain and a Line Captain in training. The shirt of a "qualed" Line Captain is yellow and a Line Captain in training wears a blue shirt.

The deployment schedule of a Line Captain is a very demanding. A normal work schedule is 12 on 12 off, 12 days on 2 off. Some jobs are just a little different on deployment.

"Deployment is tough, that is why when we are in our homeport we train so much," said Washington.

Line captains usually don't load ordnance but around deployment time they are trained on how to do so. Some of the ordnance that Line Captains handle are Slam, Maverick and Harpoon missiles as well as cluster bombs, torpedoes, chaff and sonar buoys.

"A deployment schedule is a little different in the fact that you're pushing yourself a little harder because you have a mission to maintain," said Lammel.

Besides working with dangerous weapons and aircraft, Line Captains

work in all kinds of weather conditions.

During the non-deployment schedule, shorter working hours may exist, but it's still physically demanding on the Line Captain.

"With the proper training and qualification any AS can become a Line Captain," said Lammel.

With the quality of training they receive in Navy squadrons such as VP-45, Line Captains will continue to handle aircraft with great precision and safety.





MWR Notes

NAS Lanes: 542-3493

New hours of operation: Monday and Tuesday: 4-10 p.m. Wednesday and Thursday: 11 a.m.-10

Friday and Saturday: 11-2 a.m. Sunday: 1-10 p.m.

Free bowling for active duty has moved to Wednesdays: 11 a.m.-1 p.m.

Youth Bowling Promotion: Sept. 1: 11 a.m.-2 p.m. All youth ages 3-17 will receive one game of

bowling and shoe rental. YABA will also be taking registration for fall leagues.

Captain's Cup Bowling League Meeting: Sept. 6, 11:30 a.m.

Bowl your brains out Friday nights, 11 p.m.-1:45 a.m.

Tuesday Special in September: Pay for three games and get the fourth free, 5-9 p.m.

Brew House: 542-5009

Football Specials:

Monday & Thursday (4 p.m.-close) All day Saturday & Sunday: 25 cent wings, \$5 Touchdown Platter

Active duty can win Jaguars tickets during featured games.

Check out the NFL this season on Di-

rect TV at the Brew House and enjoy beverage specials offered during the games.

Base Gym: 542-3239/2930

Open Racquetball Tournament, Sept. 17-21: deadline to register is Sept. 10. The event is open to all authorized

The event is open to all authorize

Captain's Cup Tennis Tournament: Sept. 24 at 4 p.m., deadline to register is Sept. 1.

This event is open to NAS Jax active uty.

CPO Club

Closed for renovation

Thanks to the 2001 CPO selects hard work and time the grand re-opening of the CPO Club is sure to be spectacular.

Mulligan's: 542-2936

Lunch specials are Monday-Friday Social Hour: Wednesday & Friday, featuring beverage specials and free munchies. Karaoke on Fridays starts at 6 p.m.

Bingo Palace at The Zone: 542-2209

Lunchtime Bingo - Monday-Friday: Cards start at only \$1, buy one, get one free all month (Except Fridays).

Evenings - Sunday, Monday, Tuesday and Thursdays: Packs start at \$22 and Lucky Ball "3."

Liberty Cove Recreation Center

Located on the corner of Yorktown Ave. and Jason Street, Liberty Cove is open to active duty & their guests 18 and over. Hours are: Sunday-Thursday, 11a.m.-midnight, Friday, 11a.m.-2 a.m., Saturday, 10 a.m.-2 a.m.

Paintball Adventures - Sept. 2: Cost is \$20/person. The last day to sign up for paintball is Aug. 29.

Labor Day free BBQ & 8-Ball Tournament - Sept 3:Cooking starts at 3 p.m. and the tourney begins at 7 p.m. The event is free to enter and prizes will be awarded.

Free Comedy Zone Trip - Sept. 5: Sign-up the day of the event after 3 p.m. Ping-Pong Tournament - Sept. 11: Free Pizza at 6 p.m. Play starts at 7 p.m. There is no fee to enter and \$30 goes to first place.

Jerry Seinfeld live at Florida Theater - Sept. 15: The cost is \$35 per person. Space is limited, sign up by Sept. 7.

*Active duty only. Liberty Trips are open to active duty & guests 18 & over. Tournaments open to active duty only.

Free Movies

Movies are shown in the Base The-

ater located on Jason Street. All movies are free and open to all. Bring your own snacks, no alcohol please and please do not leave children under 18 unattended.

Sept. 1, 5 p.m. - Never Been Kissed (PG-13)

Sept. 1, 7p.m. - *Blow* (R) Sept. 7, 7 p.m. - *The Mexican* (R)

No Movie Friday, Sept. 14 Sept. 15, 5 p.m. - Anna and the King

Sept. 15, 7 p.m. - Along Came A Spider (R)

NAS Youth Activities: 778-9772

Friday Night Events from 6:15-8:15 p.m. open to K-17

Sept. 7 - Crazy Relay fun: Free Sept. 14 - Make a Craft: \$2 Gym Open (K-17)

Mondays and Wednesdays: 6:15 - 8:15 p.m and Saturdays: 12-3 p.m.

Gym also open, Labor Day, Sept. 3 from 12-3 p.m.

Open Recreation on Tuesdays & Thursdays from 6:15-8:15 p.m.

Teen Events: Monday from 6:15-8:15pm

Sept. 10 - Taboo Wednesdays: 6:15-8:15 p.m. Sept. 5 - Teen Center Dance Class (Ballet & Tap): Wednesdays at 4 p.m.

Call for information.

Continued on page 20

AT THE GALLEY

Meal hours

Monday through Friday
Breakfast 6 to 7:30 a.m.
Lunch 11 a.m. to 1 p.m.
Dinner 4:30 to 6 p.m.

Saturday, Sunday and holidays Breakfast 6:30 to 8:30 a.m. Brunch 10:30 a.m. to 12:30 p.m. Dinner 4 to 5:30 p.m.

Meal costs

Breakfast \$1.50 Brunch/Lunch \$3 Dinner \$3

Note: The Galley Menu is subject to change. The food service officer is authorized to make changes to the general mess menu to provide substitutions for food items not in stock or to permit timely use of perishable stocks.

Thursday

Breakfast
Corned beef hash
Home fried potatoes
Boiled eggs
Grits
Grilled ham slices
Waffles
Omelets and eggs to order

Lunch - Fiesta Special Mexican chicken Mixed vegetables O'Brien potatoes Beef tacos Beef fajitas Refried beans Mexican rice Beef noodle soup

Blueberry crisp

Dinner Swiss steak w/brown gravy Rice pilaf Whole kernel corn

Whole kernel corn
Fresh pork ham
Egg noodles
Green peas w/mushrooms
Tomato rice soup

Friday

Breakfast
Minced beef w/toast
Hashed brown potatoes
Oatmeal
Boiled eggs
Grilled sausage links
Pancakes
Omelets and eggs to order

Lunch
Parmesan fish
Lyonnaise potatoes
Steamed asparagus
Corn chowder
Ginger pot roast
Steamed rice
Lima beans
Peanut butter cookies

Dinner
Salisbury steak
Rice pilaf
Green beans
Chicken chow mein
Scalloped potatoes
Stewed tomatoes
Chicken noodle soup

Saturday

Breakfast
Baked sausage links
Hashed brown potatoes
French toast
Omelets and eggs to order
Corned beef hash
Grits

Boiled eggs

Brunch
Baked sausage links
French fries
Mixed vegetables
Chili macaroni
Coleslaw
Old fashioned soup
Eggs to order

Dinner
Barbecue beef cubes
Steamed noodles
Steamed carrots
Chicken mushroom soup
Grilled ham steaks
Parsley boiled potatoes
Southern style green beans
Pineapple sauce
Coleslaw

Sunday Breakfast Oven fried bacon Cottage fried potatoes Pancakes

Pancakes Eggs and omelets to order Grilled ham slices Oatmeal

Brunch
Eggs to order
French fried onion rings
Mulligatawny soup
Steak and Cheese Subs
Steamed broccoli

Dinner
Roast Pork Loin
Duchess potatoes
Green peas
Baked chicken w/rice
Buttered egg noodles
Savory summer squash
Beef noodle soup

Monday

Breakfast
McMuffin sandwiches
Hash brown potatoes
Grits
Omelets and eggs to order
Creamed beef w/biscuits
French toast puffs
Boiled eggs

Lunch
Baked tuna and noodles
Franconia potatoes
Harvard beets
Vegetable soup
Salisbury steak
Tossed green rice
Glazed carrots
Brown gravy

Dinner
Liver w/onions
Rice pilaf
Steamed succotash
Zesty bean soup
Creole chicken
Baked potatoes
Steamed broccoli
Brown gravy

Tuesday
Breakfast
Cottage fried potatoes
Texas hash
Rolled oats
Grilled bacon
Boiled eggs
Pancakes
Eggs and omelets to order

Lunch
Braised pork chops
Buttered noodles
Green beans Parisienne
Mushroom gravy
Swedish meatballs

Steamed rice Corn O'Brien Beef barley soup

Dinner
Oven fried fish
Lyonnaise rice
Vegetable supreme soup
Macaroni/cheese
Cantonese ribs
Steamed carrots
Herbed broccoli

Wednesday

Home fried potatoes
Farina
Boiled eggs
Eggs and omelets to order
Grilled ham slices
Blueberry pancakes
Grilled bacon

Lunch
Stuffed fish fillets
Steamed broccoli
Minestrone soup
Spaghetti noodles
Spaghetti w/meat sauce
Club spinach
Garlic bread
Orange rice

Dinner
Szechwan chicken
Pork fried rice
Vegetable stir fry
Brown gravy
Stuffed peppers
Simmered egg noodles
Beef tomato soup
Southern fried okra

MWR Notes

Continued from page 19

Yellow Water Youth Activities: 777-8247

School Age Care Monday-Friday 2-6 p.m. Friday Night Events, 6:15-8:15 p.m. Sept. 7: Family Pool Party

Sept. 14: Family Birthday Party Teen Club: Mondays, 6-8 p.m. Ultimate Journey every Wednesday: 4:30-6 p.m.

Open Recreation: Tuesdays and Thursdays, 4:30-8 p.m. Dance Class: Saturdays, 10-11a.m.

Dance Class: Saturdays, 10-11a.m. (\$25/month tuition)

Girl Scouts: Wednesdays 6-8 p.m. ITT Tickets available daily from 12-6 p.m.

Mulberry Cove Marina

Free Canoe and Kayak rentals every Thursday for active duty (on-base only).

\$25/hour Jet-Ski Rentals: Non-payday weekends: Sept. 7-8, Sept. 21-22 and Sept. 29-30

*Free jet ski safety course! Sailing Classes:

Keel boat: \$45 - Sept. 21-23 (must have basic sailing credentials) Centerboard: \$65/person - Sept. 2223, 29-30 & Oct. 6-7 - Designed for the beginner.

Outdoor Pool: 542-3239/2930

Open weekends only after Labor Day.

Áqua Aerobics at the indoor pool: Monday through Wednesday and Friday, 11 a.m.-1 p.m.

Monday, Wednesday and Friday, 5 p.m.-7 p.m.

NavHospJax News

Check your DEERS information

From NavHospJax Public Affairs

It is important to update your Defense Enrollment Eligibility Reporting System (DEERS) data to show any changes of address, family status such as marriage, divorce, birth or adoption, (Remember: Each family member's eligibility is independent and must be updated.)

Home addresses are important because DEERS uses them to send out information on health benefits. Also, health benefits could be denied if DEERS is not updated to reflect new information

You may update your DEERS address in several ways:

- Visit the DEERS website at https://www.dmdc.osd.mil/swg/owa/we bguard.login?appl=9012&rule=02
- Visit Naval Air Station Jacksonville's Personnel Support Activity Detachment (PSD) located in Building 789. DEERS information is available Monday through Friday 9 am to 5 p.m. Contact PSD by calling 542-3728

if you are updating a record for someone who is househound

- Call the Defense Manpower Data Center Support Office (DSO) Telephone Center at 800-538-9552. The best time to call the Telephone Center is between 9 a.m. to 3 p.m.. (Pacific Time) Wednesday through Friday to avoid delays
- Fax address changes to 831-655-8317.
- Mail the change information to the DSO

ATTN: COA 400 Gigling Road

Seaside CA 93955-6771

Other aspects of the DEERS record may be updated by sending appropriate documentation (such as marriage or death certificates) to DEERS by mail or fax, or by visiting PSD.

For additional questions regarding vour DEERS record, call the DSO Telephone Center at 800-538-9552. The hours of operation are 6 a.m. to 3:30 p.m., (Pacific Time) Monday - Friday (excluding federal holidays).



Photo By HM3 Erica Rodriguez

Army Reservists big help in ophthamology clinic

Naval Hospital Jacksonville's ophthalmology clinic recently received assistance from an Army Reserve Eye Surgery team who had an opportunity to work in the hospital clinic during their two-week active duty training

In the photo above Officer in Charge Capt. Stacey Forst and Sgt. Terrance Kinard, an eve tech, perform a preliminary assessment for retired Master Chief Petty Officer Perry L. Thornton, before being examined by

the ophthalmologist.

The reserve team is part of the 1997th Medical Team Detachment attached to the 345th Combat Support Hospital. During their two-week active duty training, the team assisted hospital staff with various medical support, including eve exams and assisting with eye surgeries.

Forst a registered nurse said. "We usually train out in the field, so this was our first opportunity to do clinical training."

ITT Ticket Specials: 542-3318

Universal Orlando for Florida residents has an unlimited action pass \$55.05. Allows unlimited admissions to either Universal Studios or Islands of Adventure through Dec. 21. The 2 Park Super Pass allows unlimited admission to both parks and is \$82.60. Salute for Military runs through the month of September and features a one-day ticket to either Universal Studios or Islands of Adventure is \$37.55. The two-day ticket is \$65.55. Tickets expire Sept.

- * Jax Beach Adventure Landing Water Park is honoring the military on September 9 only \$12 for admission to the water park. Stop by ITT now before tickets run out.
- * Sea World and Busch Gardens one-day tickets only \$30 now - Oct.
- * Walt Disney World's Four-Day Play Pass \$100, Florida Residents Only. Ticket expires Sept. 30.
- Discovery Cove tickets to the military cost \$186.70 per person.
- The Comedy Zone tickets are available for Tuesday - Thursday shows only \$3.50.

Historical Savannah: Sept. 1 - Trip includes trolley tour of the city followed by lots of free time to explore the city on your own. Shop or just watch the entertainment for \$23.75/adults, \$18.75/children 5-12 and \$9.75/children under 5.

SeaWorld Trip: Sept. 2 - \$40.75 for ticket and transportation.

Canoeing on Julington Creek -Sept. 8 - Spend the day on a relaxing canoe trip down a 6-7 mile stretch on Julington Creek. Everything that you need will be provided for \$18.25 per person.

Shop the Daytona Flea Market: Sept. 15 - Shop at over 1000-vendor stalls with a variety of things from antiques, to house-wares, to hardware! Cost is \$10 per person.

Reel in the Big One: Sept. 16 -Spend the day on a deep-sea fishing charter. Everything that you need to fish is \$59.50 for adults, \$54.50 for seniors and \$49.50 for children under 14.

Jaguars Shuttle: Runs to all the home games only, \$7 per person. Catch the bus outside of Mulligan's two hours before game time.

JAX SPORTS

Call Sports Coordinator Bill Bonser or Athletic Director Mike Gorman at 542-2930/3293 for MWR sports information. Send e-mail to:

dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil Visit: www.nasjax.navy.mil/mwr

Officials, scorekeepers needed

The North Florida Military Officials Association at NAS Jax needs football, soccer, softball and volleyball officials as well as scorekeepers for basketball and softball. No experience required. Call Al Vandercar. 282-0809.

Intramural fall softball league forming

Open to all NAS Jax active duty personnel. The season begins Sept. 18 with games Tuesday and Thursday at 5:30 and 6:45 p.m. Register at the gym.

Greybeard fall softball league forming

The Greybeard league is open to all NAS Jax active duty athletes age 33 and up. Play starts Sept. 18 with games on Tuesday and Thursday at 11:30 a.m. Register at the gym.

Women's fall softball league forming

The Women's league is open to all NAS Jax active duty, dependents older than 18, retirees and DoD civilians. The season begins Sept. 11 with games Tuesday and Thursday at 8 p.m. Register at the gym.

Open fall softball league forming

Open league is for all NAS Jax active duty, dependents over 18, retirees and DoD civilians. The season begins Sept. 11 with games on Tuesday and Thursday at 4:15 p.m. Register at the gym.

Men's varsity flag football coach wanted

The NAS Jax Athletic Department is looking for an experienced coach for the men's varsity flag football team. This team represents NAS Jax in military and community tournaments. Contact the Athletic Department.

Women's varsity softball coach wanted

The NAS Jax Athletic Department is looking for an experienced coach for the women's varsity softball team. This team represents NAS Jax in military and community competition and also plays in a Jacksonville league. Contact the Athletic Department.

Water polo players wanted

The NAS Jax Athletic and Aquatic

Department are looking for active duty personnel who would like to compete in a new water polo program. Contact the Athletic Department.

Men's varsity basketball coach wanted

The NAS Jax Athletic Department is looking for an experienced coach for the men's varsity basketball team. This team represents NAS Jax in military and community tournaments. Contact the Athletic Department.

Open racquetball tournament

Free and open to all authorized gym patrons over 18 Sept. 17-21. There will be recreational and competitive divisions for men and women. Matches start at 5 p.m. Register at the gym by Sept. 10.

Captain's Cup tennis tournament

This free Captain's Cup tournament on Sept. 24 features men's and women's divisions. It is open to all NAS Jax active duty personnel. Matches begin at 4 p.m. on the Birmingham Tennis Courts. Call the gym to sign up by Sept. 17.

All Navy wrestling tryouts

Rob Hermann, All Navy wrestling coach, will hold tryouts open to all active duty Navy personnel at the gym Oct. 12 from 5 -7 p.m. Tryouts. Wrestling equipment and attire not necessary. Weight-ins not conducted for tryouts. Weight classes 119, 127, 138, 152, 167, 187, 213, 286. Sign up at the gym.

Navy Southeast Regional Running and Triathlon Team

Are you a competitive runner? Would you like to represent the Navy in 5K, 10K, marathons, and/or triathlons? The Navy will showcase elite active duty Sailors in regional races. Uniforms, transportation, entry fees and lodging costs will be provided.

Runners must compete in a USA Track and Field, USA Triathlon Association, or Roadrunners Clubs of America sanctioned race and have one of the top ten regional qualifying times. Contact Mike Gorman if you have run a sanctioned race and meet the regional qualifying time.

Southeast regional qualifying times

5K 10K Marathon Triathalon

Men 19:00 34:00 3:30:00 2:30:00 Women 24:00 46:00

4:00:00 3:00:00

Triathlon time based on 1.5k swim, 10k run, 40k bike.

Softball team takes third in South Atlantic Regionals

By Kevin Barrow

The NAS Jacksonville men's varsity softball team placed third in the four-teen-team South Atlantic Regional Softball tournament Aug. 25 and 26.

The Jax squad started slowly in its first game against King's Bay, needing a sixrun sixth inning to defeat them 8-3.

Jax bats remained hot as they steam-rolled Guantanamo Bay and the Wing Nuts from NAS Jax by scores of 18-8 and 20-9 respectively. The wins placed them in the Aug. 25 winners bracket final versus Truman Annex from Key West. The Jax men started out hot again scoring 9 runs in 3 innings before going cold and allowing Truman to score 4 runs in the last inning to tie the game at 11 and send it into extra innings. Truman Annex scored one run in the bottom of the eighth to defeat Jax 12-11 and send them into the loser's bracket

NAS Jax' bats never woke up Aug. 26 as Mayport sent them packing 12-1 to end their tournament hopes. The top tournament hitters for NAS Jax were Scott Ohehir, .824; Tim Altman and Mike Kehrer, .750.

League play for NAS Jax begins Sept. 18 at Clay County's Armstrong



James Sondor was the primary pitcher during team tryouts.

Soccer Team finishes second at Beaches

Story and photo by JO2(SW) Shae Blasko

Staff writer

NAS Jacksonville's men's varsity soccer team finished (runner-up) in the 2001 Spring Beaches Adult Soccer League playoff tournament. The team finished the regular spring season with an overall final record of 12-1-1.

The team consisted of personnel from Patrol Squadrons (VP) 30 and 16, AIMD, NADEP and Marine Corps Recruiting District, Jacksonville.

The soccer team had the best BASL record of 56 goals scored, 15 goals against and four shutouts this spring season.

BASL leading scorer was AW2, Doug Cottis, of VP-30. Cottis was also a forward and an assistant team captain for the team.

The Jax soccer team is the regular season champions for the third consecutive season. There overall record over the last two seasons 23-1-4.

Lt. Rich Prest, team captain said his outlook for Fall 2001 season is optomistic, "This will be my fifth season, and the team we have assembled for the Fall season is the strongest yet." He said. "Of course, we have to play the games! We were very disappointed to go into last season's championship game unbeaten and then be upset. It has provided extra incentive to work hard and get our championship trophy back."



NAS Jax Summer Varsity Men's Soccer team captain and goalie Rich Prest presents the runner up trophy to NAS Jacksonville Commanding Officer Capt. Mark S. Boensel.



Ken Barrow Men's softball coach

NAS Jacksonville Varsity Softball Roster

Player	Rate	Command
Tim Altman	ACC	FacsFac
Scott Ohehir	AT2	AIMD
Robbie Danner	AZ2	VR58
Mike Kein	ETI	NCTS
Dan Townsend	OSC	FacsFac
Jeff Eden	ATC	NAMTraU
Heath Holloway	AT2	AIMD
Mike Kehrer	AME3	VR58
Jason T. Watson	AD2	NAMTraU
Jason Braswell	AT3	AIMD
Michael Girardeau	ITSN	NCTS
Joey Hurley	ATC	VP30
Kenny Phelps	AEl	VP30
Chris Tiedemann	ETSN	AirOps
James Sondor	ATI	AIMD